

Troy School-age Childcare

Swimming Rules and Consent Form

This form is required for children to swim at Thelma G Spencer Park without their parent / legal guardian present.

Hold Harmless Agreement

I understand that participation in swimming involves a certain degree of risk. I have carefully considered the risk involved and have given consent for my child(ren) to swim as part of activities related to the care and treatment of my child provided through the Troy School-Age Childcare. I understand that swimming is entirely voluntary and requires my child to abide by applicable rules and standards of conduct. I release the Troy School-Age Childcare, employees, and volunteers from any and all claims or liability arising out of my child swimming as part of activities sponsored by Troy School-Age Childcare.

In case of emergency involving my child, I understand every effort will be made to contact me. In the event I cannot be reached, I hereby give my permission to the Troy School-Age Childcare to secure proper medical treatment for my child. I have discussed any allergies and medical issues with the Troy School-Age Childcare staff.

My signature below indicates that the child(ren) listed below has my consent to participate in swimming activities.

- Life Guard must be on duty.
- No personal items allowed in the lake including floatation devices such as noodles.
- Goggles and ear plugs for children with eye or ear sensitivities are acceptable.
- Swimming dress code will be followed: Swimming suits must be worn. School staff will accompany children in the lake. The child to staff ratio will not exceed 1:4 for non-swimmers and 1:6 for swimmers.
- I affirm that my child(ren), **knows** how to swim. Circle One: Beginner Moderate Proficient

Name(s): _____

- I affirm my child(ren) **does not know** how to swim.

Name(s) _____

- **Sunscreen** - When swimming or at an outdoor park, sunscreen, provided by parent, will be applied before sun exposure. TSC staff will assist with application if the child cannot manage it on their own, we advise providing a spray sunscreen. Please have child's name on sunscreen bottles, tubes, and cans.

TSC staff has my permission to apply sunscreen and allow my child(ren) to participate in swimming activities:

Parent / Legal Guardian Signature

Date